



44330 Mercure Circle, Suite 204, Dulles, VA 20166, MediumAnnieLarson.com, 844-585-8885

Class: Psychic Development 2

Please fill out and send to MediumAnnieLarson@gmail.com

Homework Sessions 1 and 2

Here is your homework for weeks 1 and 2.

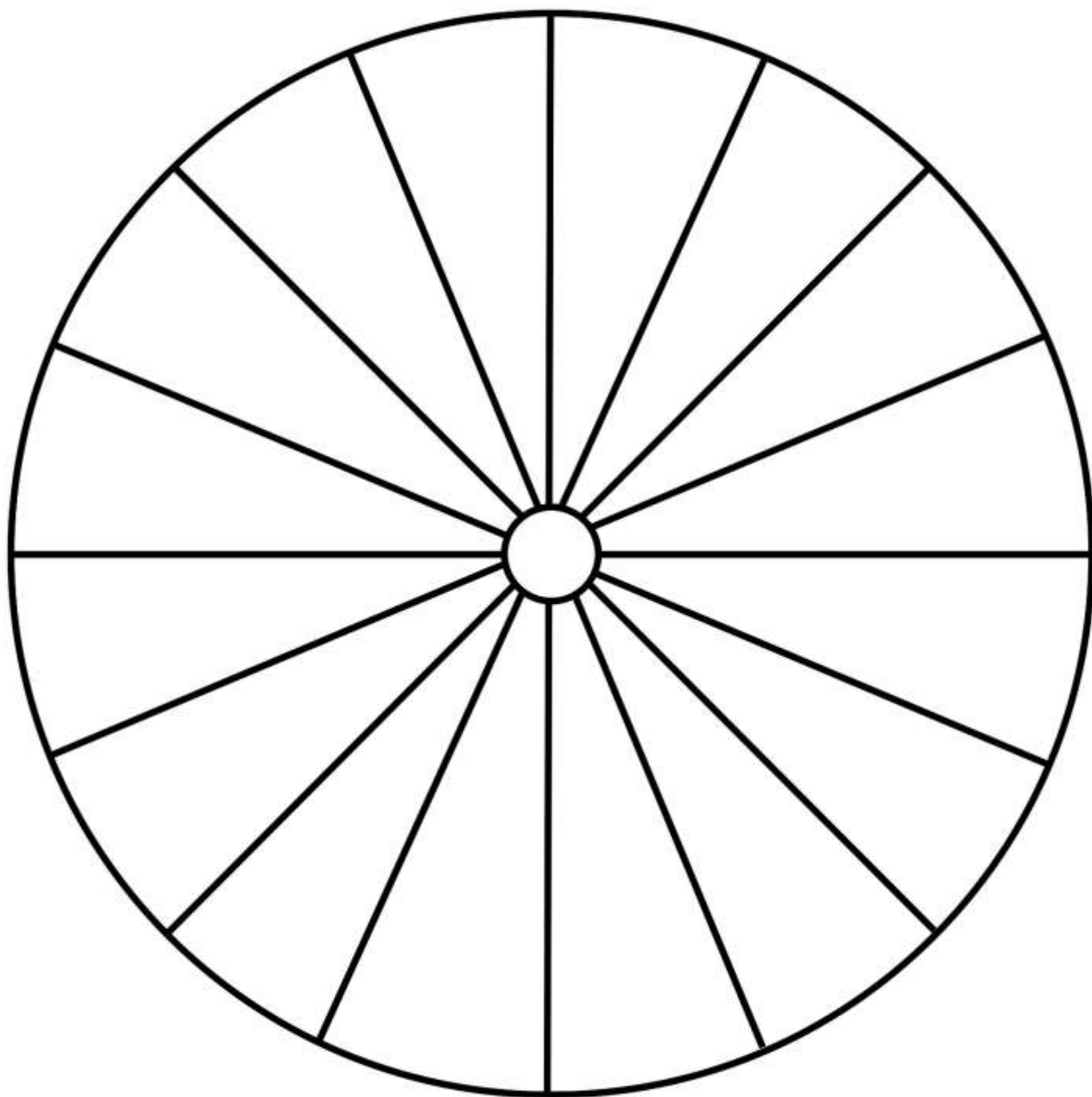
You have till the Sunday before we meet next so have a couple days to review what you have done.

Start or keep up with journaling. Write down any readings that come to you (you can ambush read via journaling!). You'll get out of this class what you put into it!

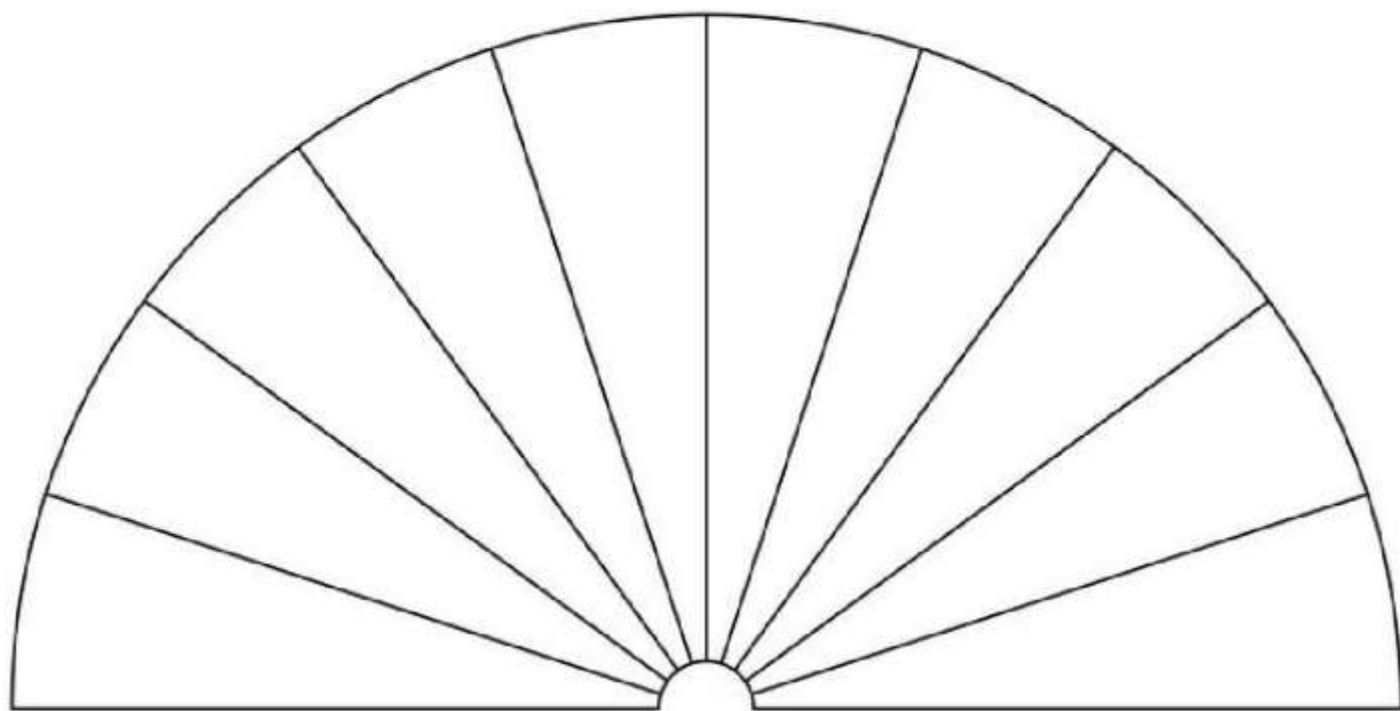
Here is your homework:

WEEK 1

1. Read the 4th envelope from class. Try to draw what you "see." Use telepathy and all your clairs to tap in more. Write in your notebook everything you get. Tap in two different times.
2. Ask a friend to put a simple image in an envelope. See if you can draw what is in the envelope.
3. Use the attached pendulum and dowsing rod chart cloths to practice divination. Notice that they are blank so you can put any answers that you want like yes, no, and maybe. If you don't own dowsing rods, you can try making them out of wire hangers.
4. Telepathy practice. Practice telepathy on an unknowing recipient by willing a stranger to turn around and look at you. Send them loving kindness through your heart chakra for looking at you.
5. Telepathically ask a friend to call you. Maybe hold an image of them in your mind's eye or feel their energy. Perhaps envision a telephone, and envision your friend. See your friend picking up the telephone asking you how you are. See yourself enjoying a conversation. How quickly did they call you?
6. Predict a major news story which will occur in the coming 10 days.
7. Predict the outcome of a sports match.
8. Write down what you remember from your dreams in your journal. Do you feel like you are receiving information in your dreams?



Pendulum Chart, MediumAnnieLarson.com



Make your own dowsing rod chart cloth
MediumAnnieLarson.com

STOP HERE!

Homework Week 2

9. Remote viewing. Pick an animal (birds work really well). Imagine yourself becoming the animal and being able to see out of its eyes. Watch your bird float above you and allow yourself to look down and note what you see. Allow yourself to totally let go and use your imagination. Make any notes about your experience.
10. Ask a friend to put a simple image in an envelope. See if you can draw what is in the envelope.
11. Have a friend perform a specific activity like washing the dishes. Agree to a time when to do this, and see if you can draw their activity.
12. Focus on a specific location on a globe or map. Focus on the weather there. Write down what you get. Check your accuracy.
13. Have a friend select 5 photos cut out of a magazine. Use images that are real like faces, trees, buildings, etc. Assign a number to each one (these are your target numbers). Have your friend mount them on white paper along with the individual number.
14. Have someone place a simple symbol in an envelope. Do remote viewing and see what you get.
15. Celebrity reading. Get a picture of a celebrity that might resonate with you. Pick one that you don't know much about. Someone who is living. Using skills learned with remote viewing etc., tap into their life. You can use Meryl Steep if you can't think of anybody else as there is a lot of information about her. See what information you can glean. You might find out about parents, siblings, place of birth, residence now, spouse, children, age, career, etc. After you have finished, feel free to online search them. How much information matched?
16. Take thirty or forty minutes to wander and go through any grocery store, for example. Smell all the smells and see all the sights. Hear all the sounds that you can and feel all the feelings and body sensations. You may want to write down what you smell, see, feel and hear to keep you on track and help you focus more. Look everywhere and feel everything. Notice all textures, colors, sensations, temperatures, feelings, emotions and smells. Pick up a head of broccoli and really feel its texture, weight and temperature. Notice colder or warmer in parts of the store? What are you feeling on the inside and outside of your body? Where are you being drawn to look: up, down, to the sides?
17. Notice direction, because often directional messages are correlated with time. For example, something presenting from the left can mean it is linked to the past; from the middle can indicate a link to the present, and from the right can mean future connection. See where you notice information when it comes in.
18. Spend time each day considering the sensory information in your immediate environment. Notice your surroundings, including the range of colors, sounds and smells. Take a second look: more presence in the moment increases your sensitivity to subtle information.
19. Remote view: Latitude: 51.501376 Longitude: 0.140634
20. Remote view: Latitude: 44.590279 Longitude: 104.715279